



BLISS

HERO PRODUCT

Triple oxygen instant energising mask, £42

A refreshing, pick-me-up foam that will instantly banish tired-looking skin.

THE TREATMENT

Triple oxygen treatment, £150 for 85 mins

An oxygen-fuelled facial – with a peel and enzyme pack – that leaves your skin feeling like you’ve been living in the freshest of air for weeks. Zingy. blissworld.co.uk



CRÈME DE LA MER

HERO PRODUCT

The moisturising cream, £105

The cream with cult status and a celebrity following. Remember to warm it in your hands before application.

HERO TREATMENT

The ultimate facial, £160 for 120 mins

Reflexology to relax, then a sumptuous treatment, using sea quartz, diamond dust and Miracle Broth™ pure concentrate. Indulgent.

urbanretreat.co.uk



ANNE SEMONIN

HERO PRODUCT

Precious Serum, £96

Vitamin-packed, use at night after cleansing and toning for a penetrative treatment for dull skin.

HERO TREATMENT

Eternal Youth Cryotherapie facial, £85 for 55 mins

Sounds scary, but isn't. Emerge radiant after specially formulated ice cubes release a flood of B-endorphins. Chilling. hotelverta.com



USHVANI

HERO PRODUCT

Kaffir Lime Cane Sugar body scrub, £44

The best-smelling scrub on the market – it will take you straight to the heart of the Orient.

HERO TREATMENT

Kaffir lime reinvigorating ritual, £180 for 90 mins

Lime scrub, coconut milk mandi, soothing all-over massage and feet softening that focuses on the feet's reflexology points. Zesty. ushvani.com



COWSHED

HERO PRODUCT

Cow Slip soothing hand cream, £16

A bathroom staple to keep hands soft, supple and smelling delicious.

HERO TREATMENT

Ultimate Cowshed Manicure, £50 for 60 mins

The Soho House brand's most popular treatment even includes a scalp and shoulder massage. Handy. cowshedonline.com

My Hero

A powerful product can turn your bathroom into a spa sanctuary. We choose the stars of the show



GAZELLI

HERO PRODUCT

Illuminating Perfecting skin polish, £35

A divine, not-too-abrasive scrub that contains the brand's hero ingredient, Gazelli White Oil – a highly concentrated and effective formula of active compounds.

THE TREATMENT

Gazelli White Oil experience, £245 for 150 mins

An all-over face and body ritual to include body brushing, wrap, mask and massage, plus a one hour White Oil facial. Rejuvenating. joshwoodcolour.com/lansdowne



AROMATHERAPY ASSOCIATES

HERO PRODUCT

Renewing rose massage and body oil, £41

One for sun-worshippers, this silky oil is a real treat for dry, neglected skin.

HERO TREATMENT

Rose Hydrator, £50 for 60 mins

A thorough scrub down is followed by layers of nourishing rose oil, evening primrose oil and shea butter. Uplifting. aromatherapyassociates.com



PURIFYNE

HERO PRODUCT Green Juice, £9.95

It's all about alkalizing and this spinach, kale, collard, barley grass juice is the business.

HERO TREATMENT Three-day Super Green Cleanse, £210

Four (different) green juices, plus raw alkaline soup, alkaline tea and supplements restore your PH balance to perfection. Slimming down and feeling a big body boost are the beneficial bi-products. Hardcore. purifynecleanse.com